

WORKSHOP OUTLINE

- 8.30 Arrival, coffee and greetings
- 8.45 **Introduction and Participation Agreement**
- 9.00 **Core Coaching Behaviours and Self-Assessment**
- Introduction to Core Coaching Behaviours
 - Complete self-assessment activity - *Coaching Behaviours Index*
- 9.40 **Develop Coaching Relationships**
- 10.30 Morning tea
- 10.45 **Build Skills for Performance Excellence**
- 12.30 Lunch
- 1.15 **Encourage Open Communication and Feedback**
- 2.45 Afternoon tea
- 3.00 **Provide Coaching for Specific Needs**
- 4.15 **Personal Development Plan**
- Action plan commitment
 - Take away 360° feedback - *People/Management Skills Indicators*
- 4.35 **Workshop Evaluation**
- 4.45 Close